

Newsletter

June 2025

Vol.3

Welcome to Pallium India USA Newsletter for June!

In this newsletter, you will find

- An opportunity to visit Pallium India
- Our world nurses day celebrations
- An article by Jeena R Papaadi
- Walkathon updates

And more!

INVITING HIGH SCHOOL STUDENTS FOR ONE-DAY OBSERVERSHIP

Are you a high school student interested in a healthcare profession? You have an opportunity to accompany Pallium India's home care team for a one-day exposure visit. The initiative aims to nurture empathy, deepen understanding of life-limiting illnesses, and foster respect for human dignity—core values in palliative care.

This is not a clinical training, but an **opportunity to witness and understand** the realities of delivering compassionate care in the community.

During this visit, you will be able to observe the real-world application of palliative care in patients' homes.

Location:

Pallium India
Aisha Memorial Hospital Building,
Paruthikkuzhy,
Thiruvananthapuram – 695009
Kerala, India.

For more information, please write to info@palliumindiausa.org.

NURSES DAY CELEBRATIONS 2025



MS SHERIN ROBINSON ★ ★ ★ ★ ★

A Gift to those in need.....



Sr. Sherin's service is not just a profession, but a gift to those in need. May her legacy of care continue to touch lives, reminding us all that kindness and compassion are the heartbeats of healing.

Sr. Sherin Robinson, our senior palliative care nurse, is a shining example of dedication, empathy, and quiet leadership. With over 16 years of experience at the Trivandrum Institute of Palliative Sciences, Pallium India.

She has served in various roles—from an in-patient nurse to homecare provider and eventually as the in-charge of the in-patient unit. In each of these roles, Sr. Sherin has consistently prioritized the comfort, dignity, and well-being of her patients and their families. Her approach to care has always been deeply human, driven by compassion and a sincere desire to improve the quality of life for those in need. She is known for her hands-on involvement and never shies away from responsibilities, often taking on challenging tasks herself rather than handing them over to juniors.

Her work ethic, combined with her calm presence, makes her a beloved leader among her colleagues. She leads not through authority, but through example, nurturing a culture of respect, empathy, and learning. Sr. Sherin empowers caregivers to confidently care for patients at home and patiently guides junior nurses and doctors, especially in honing their communication skills with patients and families. Her gentle but firm guidance has helped shape the attitudes and capabilities of many young professionals in palliative care.

Beyond her clinical skills, it is her warmth, humility, and unwavering commitment that make Sr. Sherin truly special. Her contributions have become an integral part of our institution's fabric, leaving a legacy of compassionate care and dedicated service.

Dr AMIRTHA THAMPI R
Head – Clinical Services, Pallium India
Aisha Memorial Hospital Building, Paruthikuzhy, Manacaud PO, Trivandrum, India
Email: amirtha@palliumindia.org



www.academyofpalliativemedicine.org

Ms. Sherin Robinson, a dedicated nurse at the Trivandrum Institute of Palliative Sciences, Pallium India, has been selected to be featured on the Academy of Palliative Medicine website. This honor comes as part of the IAPC-APM's Call for Commendation initiative, recognizing one exceptional nurse on the occasion of World Nurses Day, May 12, 2025.

NURSES DAY CELEBRATIONS 2025



NURSES DAY CELEBRATIONS 2025

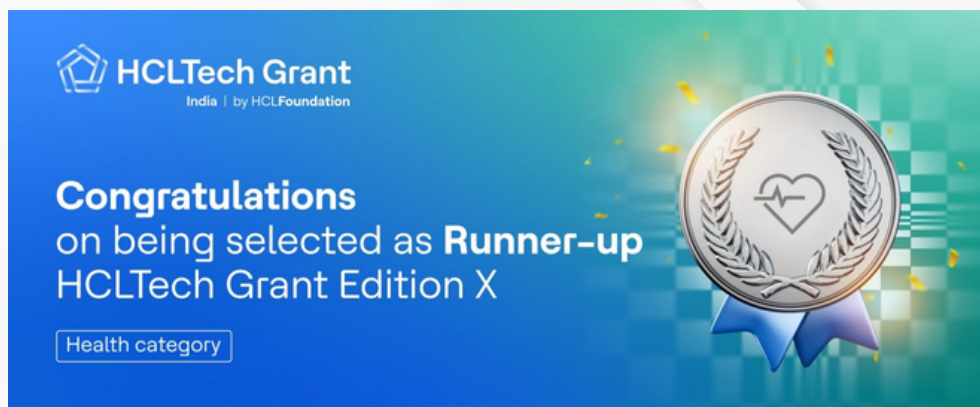
“A soothing touch can communicate what words fail to convey – that we care, that we are there.” – Jeena, our colleague, beautifully illustrates the power of presence and gentle compassion in the face of suffering.

Jeena R. Papaadi shared a heartfelt reflection on LinkedIn titled “Sometimes, More Than a Bridge” ([read here](#)). The piece resonated deeply and was published by The Hindu in its Open Page column as “[Soothing Touch](#).”

Her words capture the essence of palliative care – to be present, to listen with empathy, and to offer comfort when cure is no longer possible.



RUNNER UP – HCL TECH GRANT EDITION X



Pallium India, for the first time, achieved a competitive grant – HCLTech Grant (India) – Edition X. The HCLTech Grant (India) is dedicated to strengthening the Non-Governmental Organizations (NGOs), enabling them to play a decisive role in building an equitable, inclusive and future-ready India.

We emerged as the HCLTech Grant Edition X runner-up in the Health category. We bagged ₹25 Lakh (~US\$ 0.03 million) as the prize money. This year, HCL received 13,925 registrations across 3 themes- Health, Education and Environment. Our proposal was selected amongst 1,600+ submissions after various rounds of deliberations, field validation, and Sub Jury & Jury evaluation.

WALKATHON – SEATTLE CHAPTER



We Did It!

On May 10, 2025, Pallium India's Walkathon 2025 brought together over 220 participants at Marymoor Park to raise awareness and support for palliative care. With 350+ registrations and \$8,000+ raised, the event was a resounding success!

Inaugurated by Mr. Suresh Kumar Sharma (Consul of Community Affairs) and Mr. Vijay Beniwal (Seattle Thunderbolts Cricket Academy), the walkathon featured inspiring guest speakers, local vendors, and a vibrant, inclusive atmosphere for all ages.

Heartfelt thanks to our volunteers, sponsors, and community partners. Every step taken was a step toward compassion, awareness, and change. Here's a glimpse of a truly memorable day!



WALKATHON – BAY AREA CHAPTER



Bay Area Walkathon: Walking with Purpose

On May 11, Pallium India Bay Area held a heartfelt Walkathon at Baylands Park, Sunnyvale, to raise awareness for palliative care. Sunnyvale City Council Member **Mr. Murali Srinivasan** flagged off the event, joined by leaders like Vidya Sethuraman, Rinu Nair, and Manju Abraham.

Families and individuals came together to honor motherhood and advocate for compassionate care, walking in solidarity for dignity, love, and community.



UPCOMING EVENTS

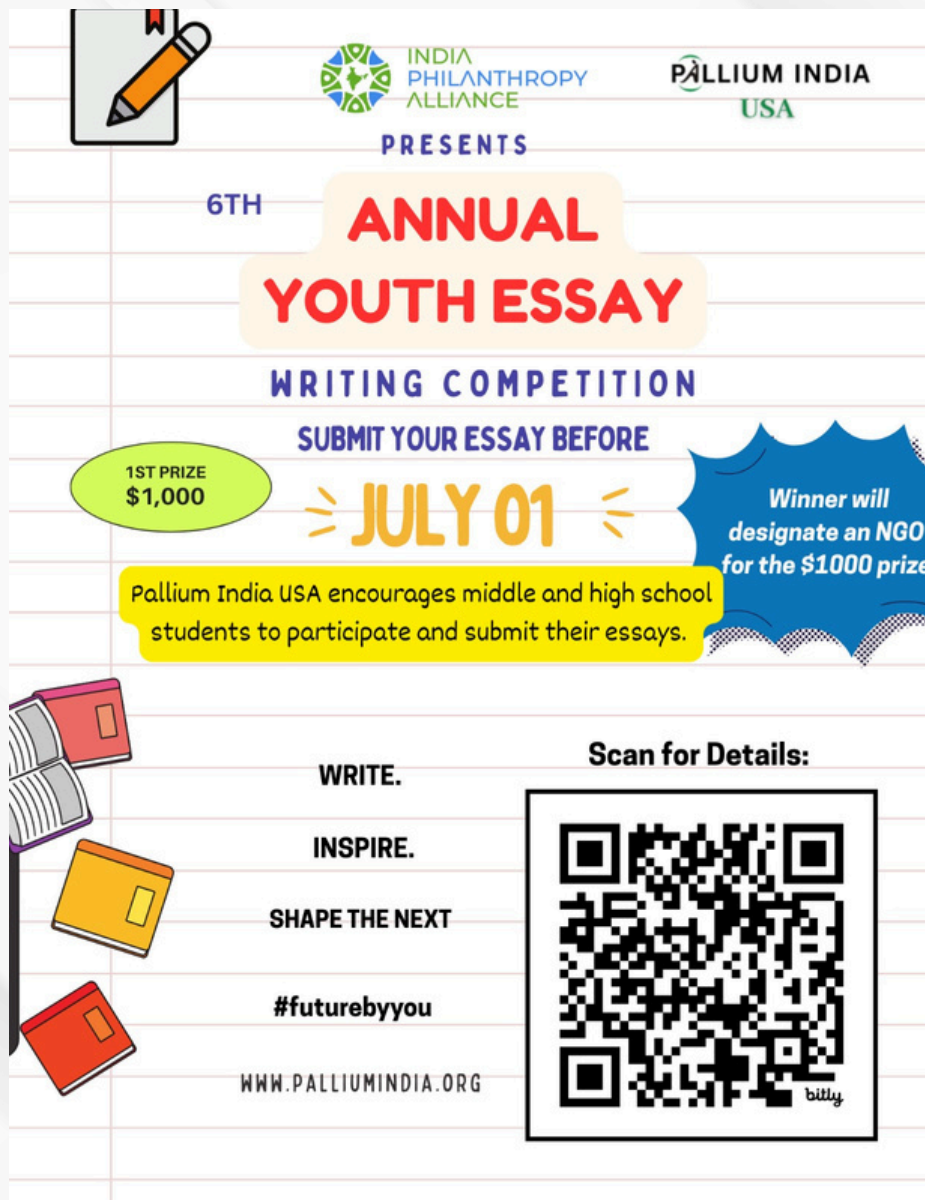
Youth Essay Competition

Are you passionate about changing the world for the better? This is your chance! Join the India Philanthropy Alliance Youth Essay Competition and shine a light on an issue that is important to you. This is a great opportunity to find your voice, and be a force for good in the world!

The essay competition is open to middle and high school students who are U.S. citizens or permanent residents.

Submit your entries by July 01. Winners to be announced in late August or early September.

For more, visit: <https://www.indiaphilanthropyalliance.org/2025youthessay>



The poster is designed to look like a sheet of lined paper with a pencil icon in the top left corner and several book icons on the left side. At the top, it features the logos for the India Philanthropy Alliance and Pallium India USA, followed by the word "PRESENTS". The main title "6TH ANNUAL YOUTH ESSAY WRITING COMPETITION" is prominently displayed in the center. Below this, it states "SUBMIT YOUR ESSAY BEFORE JULY 01". A green oval on the left indicates a "1ST PRIZE \$1,000", and a blue starburst on the right states "Winner will designate an NGO for the \$1000 prize". A yellow banner at the bottom left encourages participation. On the right, there is a QR code with the text "Scan for Details:" above it. The bottom left includes the words "WRITE.", "INSPIRE.", and "SHAPE THE NEXT" followed by the hashtag "#futurebyyou" and the website "WWW.PALLIUMINDIA.ORG". A small "billy" logo is visible in the bottom right corner of the QR code area.

INDIA PHILANTHROPY ALLIANCE

PALLIUM INDIA USA

PRESENTS

6TH ANNUAL YOUTH ESSAY WRITING COMPETITION

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Pallium India USA encourages middle and high school students to participate and submit their essays.

WRITE.

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#futurebyyou

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Scan for Details:

billy

UPCOMING EVENTS

“What is to become of me?”

Exploring contemporary responses to total pain and suffering



St Christopher's is hosting a specially curated conference and masterclass in July 2025, to commemorate the life and work of **Dame Cicely Saunders**, founder of the modern hospice movement, twenty years after her death.

This conference will explore the enduring impact of Cicely Saunders' pioneering work and reflect on how her ideas continue to shape **palliative and end-of-life care** today.

Healthcare professionals, social care practitioners, academics, policy makers, and anyone with an interest in palliative care to be part of these important conversations.

For more details, visit <https://www.stchristophers.org.uk/course/what-is-to-become-of-me>.

MAKE A DIFFERENCE TODAY!

Join us in making a difference! Whether by volunteering your time or making a donation, every contribution brings us closer to creating a meaningful impact. Together, we can transform lives —starting with YOU!

To volunteer, send your CV to info@palliumindiausa.org.

To donate, visit: <https://palliumindiausa.org/donate-now/>



\$100

Sponsor medicines for patients in home care and IP (In-Patient) for 1 Year



\$300

Monthly Food Kit for 12 months for home care patient



\$500

Sponsor a Home Visit from doctors and nurses for 10 months



\$750

Education support for 10 children for 1 year whose parents cannot work



\$1,000

Physical Therapy for one year OR Salary for a Regional Facilitator