



Welcome to Pallium India USA Newsletter for September!

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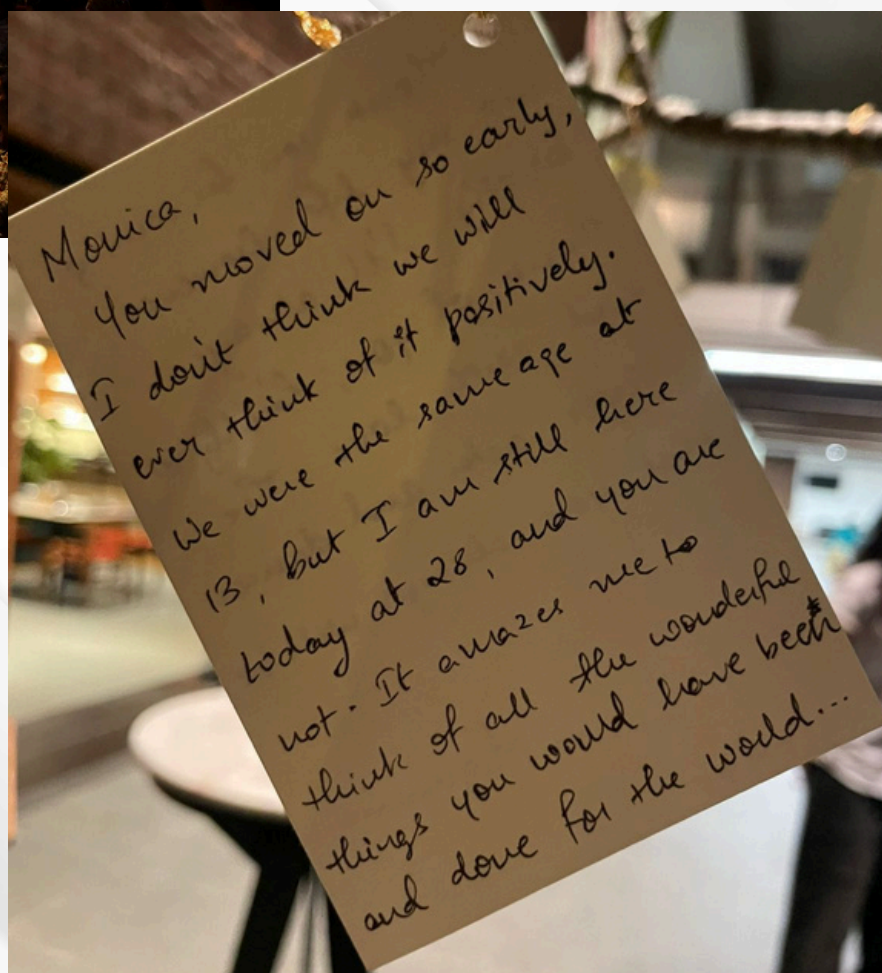
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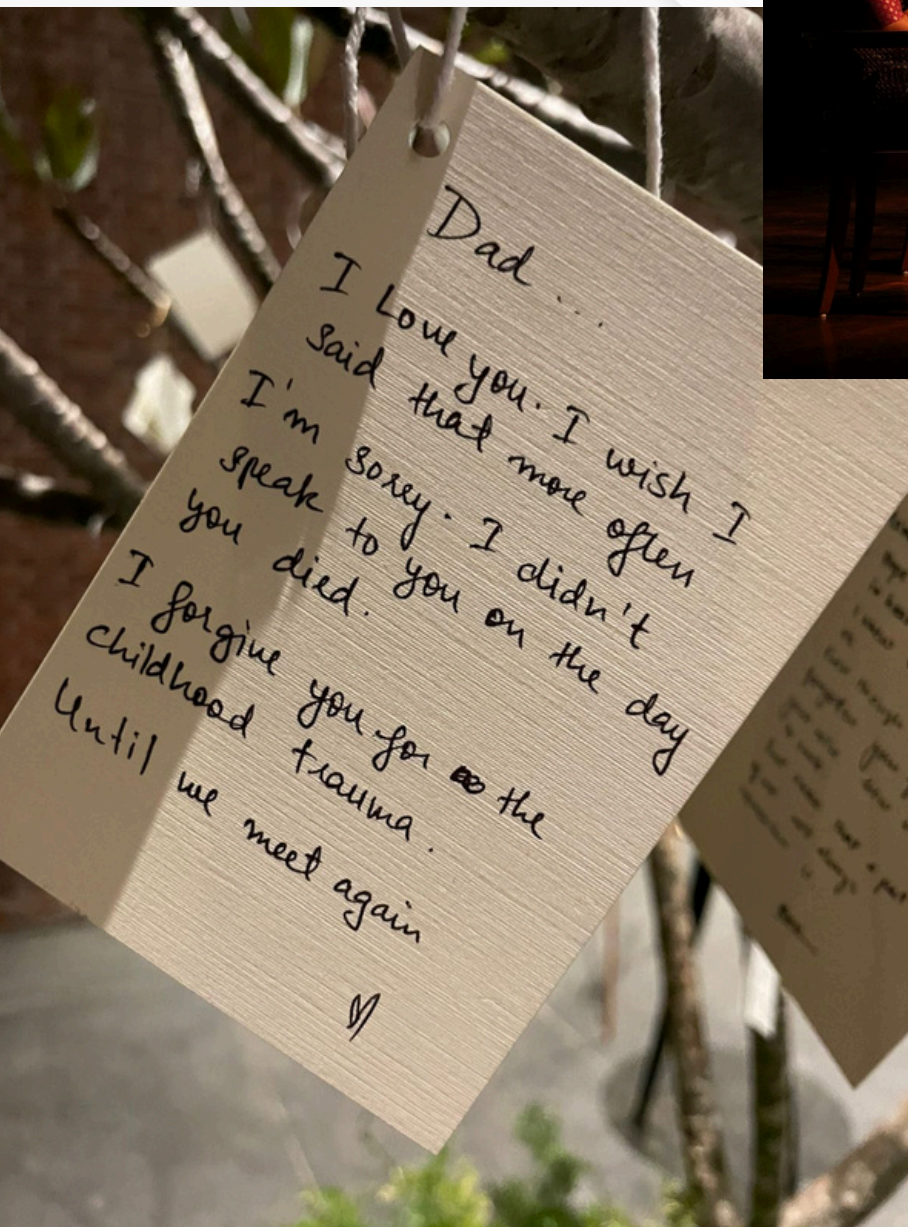
Make a Difference

GOOD. TO. GO – DEATH LITERACY FESTIVAL

Bengaluru, India recently hosted India's first Good-To-Go Death Literacy Festival, organized by Pallium India and the Vidhi Centre for Legal Policy, with support from the Microland Foundation, Together for a Better Tomorrow, and the Ajit Isaac Foundation. The two-day event on 23rd and 24th of August 2025, at the Bangalore International Centre, Domlur, sought to normalise conversations about death, dying, advance care planning, bereavement, and grief. Doctors reminded us that most people experience a gradual decline and that having honest discussions and preparing Advance Medical Directives are crucial for dignity at the end of life. Caregivers shared moving stories on the value of openness—"If you think the conversation is difficult now, it'll be impossible later," said actor and caregiver Darius Sunawala—while experts urged that palliative care be recognised as a public health right, extending beyond hospitals to homes. The festival showed that talking about death is not morbid—it is an act of love, preparedness, and humanity.



GOOD. TO. GO – DEATH LITERACY FESTIVAL



FOG INDIA DAY 2025

The Pallium India USA Bay Area team hosted a vibrant booth at the FOG India Day Parade and Fair in Fremont, CA, on August 16–17, 2025. The booth featured Pallium India posters, pamphlets, copies of *Walk with the Weary* by Dr. M.R. Rajagopal, and a beautiful selection of handcrafted items made by Pallium India patients and families.

Over the two days, the booth welcomed more than 700 visitors who engaged with our youth volunteers, explored the materials on display, and asked thoughtful questions about palliative care in India. Many were learning about the issue for the first time and were moved by the stories and impact of Pallium India's work.

It was especially inspiring to see young attendees express genuine interest in the mission and explore ways to get involved. Their curiosity and enthusiasm reflected a growing awareness and commitment to compassionate care.

The event also provided a valuable opportunity to connect with other nonprofit teams. These conversations opened doors for future collaboration and highlighted the strength of community-driven efforts working toward shared goals.



THATTUKADA AT KAW SUMMER FEST

Pallium India USA's Seattle Chapter brought flavors and generosity together at the Kerala Association of Washington's (KAW) Summer Fest on August 30, 2025. Thanks to the incredible efforts of 12+ volunteer chefs and many more who pitched in to manage the Thattukada food stall, the team raised over \$1,500 in support of palliative care initiatives.

This achievement reflects the power of community, collaboration, and compassion—showing how small acts of service can make a meaningful difference.



UPCOMING EVENTS

Bhangaar (Obsolete) Documentary Screening & Discussion



Join Pallium India USA at Iowa City's independent movie cinema, FilmScene, on Sunday, September 14 at 4 pm for a special Community Collaboration event. The award-winning film *Obsolete* (Bhangaar) will be screened, followed by a panel discussion on the pressing issue of loneliness among the elderly in India and around the world.

Proceeds from the event will benefit the Pallium India USA Youth Chapter, which works to raise awareness and inspire action on how communities can reduce isolation and foster connection among their members.

Generously sponsored by Barb McFadden & Tom Rocklin, this event is a unique opportunity to engage with meaningful cinema while supporting a compassionate cause.

UPCOMING EVENTS

Bharatanatyam Arangetram of Ms Subiksha Shri



The poster features a central text area with a dark green background and gold borders. On the left, a woman in a pink and blue sari stands next to a young girl in a green and gold sari. On the right, three women in traditional Bharatanatyam costumes are shown in various poses. The text is in gold and white, with a QR code for RSVP.

School of Indian Dance

cordially invite you and your family to grace the occasion of the

**Bharatanatyam
Arangetram Of**

Subiksha Shri

Disciple of
Guru Smt. Rani Sunil
(Artistic Director, School of Indian Dance)

**14 | 09
SUNDAY**
Seating begins at
3:30 PM

SCAN TO RSVP

pp.events/subiksha

Venue
Menlo-Atherton High School Performing Arts Center
555 Middlefield Road, Atherton, CA.

Please join us for dinner following the event.

Pallium India USA is honored to be chosen as the beneficiary of Subiksha Shri's Bharatanatyam Arangetram in California. Subiksha, a disciple of Guru Smt. Rani Sunil (Artistic Director, School of Indian Dance), will be presenting her debut performance on:

Date: Sunday, September 14, 2025

Time: Seating begins at 3:30 PM

Venue: Menlo-Atherton High School Performing Arts Center, 555 Middlefield Road, Atherton, CA

We extend our sincere gratitude to Subiksha and her parents for supporting our mission through this special occasion. Funds raised will be used to provide free palliative care to underserved communities.

<https://subikshashri.com/fundraising>

UPCOMING EVENTS

Walk for Compassion: Join Pallium India USA at Sevathon 2025

The Pallium India Bay Area team is thrilled to officially participate and host a booth at ICC Sevathon, a vibrant walkathon organized by the India Community Center that brings together hundreds of nonprofits to walk, run, and raise awareness for causes that matter.

The Pallium India USA team will be walking to spotlight the urgent need for palliative care in India, where millions still lack access to compassionate support during serious illness.

Held on Sunday, September 28, 2025, at Baylands Park in Sunnyvale, CA, Sevathon features 10K, 5K, and 1K Run/Walks, plus virtual options for those traveling or walking from home – so everyone can join the movement.

Whether you're stepping out with us or cheering from afar, we invite you to walk in spirit, solidarity, and service – and help bring dignity and relief to those who need it most. Register today at iccsevathon.org and Select "Pallium India USA" as your chosen charity!



For more information:

www.ICCSevathon.org
sevathonpm@indiacc.org
f Sevathon
@ ICCSevathon

Nonprofit Showcase
Medal Distribution
Entertainment
Food & Drinks

SEVATHON 2025

TRANSFORMING MILES INTO SMILES

SEPTEMBER 28, 2025

7 AM ONWARDS
BAYLANDS PARK
999 E CARIBBEAN DR,
SUNNYVALE, CA 94089

10K/5K/1K

Early Bird Discount
Ends June 15 -
Register Now!



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MAKE A DIFFERENCE Today

Whether you choose to volunteer your time or make a donation, every action you take helps bring compassionate care to those who need it most. Together, we can create lasting, meaningful change—starting with **YOU**.

👉 Interested in volunteering?

Email us at **info@palliumindiausa.org**. Let us know your interests or skills—there's a place for everyone to make an impact.

❤️ Ready to donate?

Visit **<https://palliumindiausa.org/donate-now/>**.

No contribution is too small—every gift helps transform lives.

Let's build a more compassionate world, together.



\$100

Sponsor medicines for patients in home care and IP (In-Patient) for 1 Year



\$300

Monthly Food Kit for 12 months for home care patient



\$500

Sponsor a Home Visit from doctors and nurses for 10 months



\$750

Education support for 10 children for 1 year whose parents cannot work



\$1,000

Physical Therapy for one year OR Salary for a Regional Facilitator