

# NEWSLETTER

PALLIUM INDIA  
USA

Welcome to Pallium India USA Newsletter for January 2026!

Vol.10

# HAPPY New Year 2026

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# 2025: A Year of Compassion, Care, and Connection

In 2025, compassion found its way into homes, hospital wards, and communities across India. It was a year shaped by presence—by showing up for people living with serious illness and standing beside families during some of their most difficult moments.

With the support of the Pallium India USA community, Pallium India reached **more than 5,200 patients through nearly 40,000 moments of care, including more than 13,900 home visits**. Beyond medical treatment, patients and families received free medicines, emotional and psychosocial support, physiotherapy, assistive devices, food assistance, and bereavement care—care that honoured dignity as much as comfort. The year also strengthened the future of palliative care. Hundreds of healthcare professionals were trained, new care centres were catalysed, and systems were supported so that pain relief and compassionate care could reach far beyond a single visit. These efforts will touch the lives of hundreds of thousands of patients in the years ahead.



As we turn toward 2026, we do so with hope and resolve. The coming year marks the beginning of construction of Pallium India's new home—a place imagined not merely as a building, but as a sanctuary. A space where care will deepen, learning will flourish, and compassion will have a permanent address. It stands as a symbol of continuity, rooted in everything we have learned and reaching toward all that is still possible.

**Carrying the spirit of 2025 forward, we remain committed to one enduring promise: that comfort, dignity, and compassionate care will always find their way to those who need it most.**

# Looking Back with Gratitude: India Giving Day 2025

As we look back on India Giving Day 2025, we do so with deep gratitude and pride. This year marked Pallium India USA's first-ever participation in India Giving Day, rallying supporters across the U.S. to stand with Pallium India and its mission of compassionate palliative care in India.

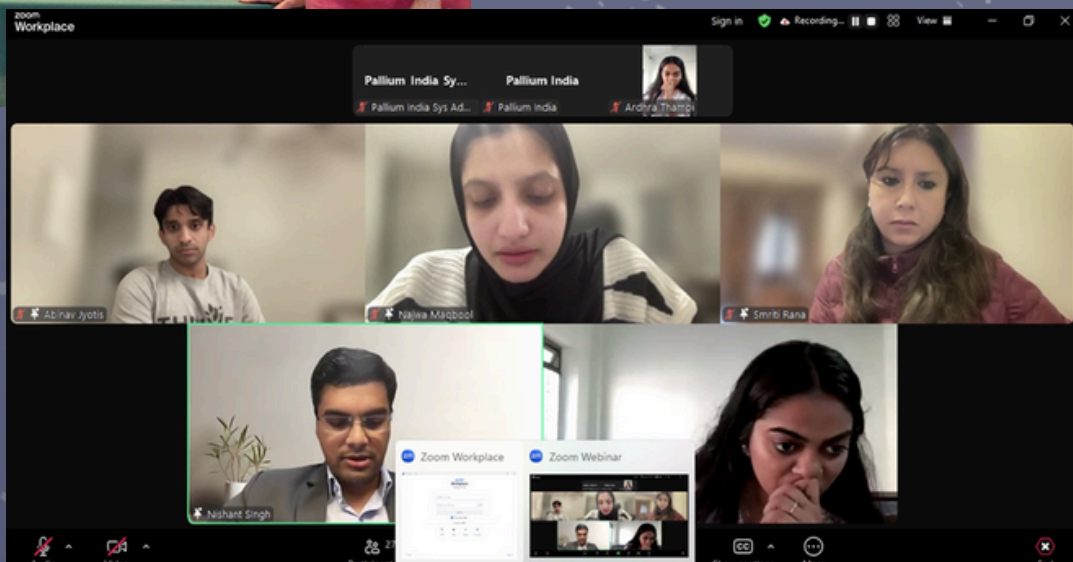
India Giving Day brings together Indian Americans and friends of India to support trusted nonprofits working across healthcare and social impact. For Pallium India USA, it became a powerful opportunity to raise awareness about palliative care and mobilise collective action for those facing serious illness.

## A Meaningful First Year

Participating under the Healthcare category, Pallium India USA joined 36 other organisations nationwide. The response was inspiring:

- **\$39,382 raised, reaching 79% of our \$50,000 goal**
- **213 donors came forward in support**
- **4th place overall on the India Giving Day leaderboard**

For a first-time participant, this outpouring of generosity reaffirmed the trust our community places in Pallium India's work.





# Looking Back with Gratitude: India Giving Day 2025



## **Powered by Community**

This campaign was made possible by the dedication of our board members, volunteers, and fundraisers, who led peer-to-peer efforts and organised engaging events across the U.S. We are also grateful for the matching grants and support from the Rural India Supporting Trust (RIST), which added momentum during the campaign week.

Key moments included an International Webinar on Caregiving, a special International Women's Day gathering in Iowa City, and Comedy for Compassion in the Bay Area — each helping spark conversations around care, dignity, and compassion.

## **Supporting Pallium India's Work on the Ground**

Funds raised through India Giving Day 2025 by Pallium India USA directly support Pallium India's work in India, helping bring compassionate palliative care to people facing serious illness. Donations contribute to home-based patient care, training of healthcare professionals, and community outreach and caregiver support — ensuring pain relief, dignity, and holistic care reach those who need it most. Through this collective effort, supporters in the U.S. help strengthen palliative care services on the ground in India.

**Thank you to every donor, volunteer, and supporter who made India Giving Day 2025 meaningful. Together, we are ensuring that compassion crosses borders — and that no one faces serious illness alone.**

## **Looking Ahead to India Giving Day 2026**

We are delighted to share that Pallium India USA has been selected to participate again in India Giving Day 2026, to be held on March 13, 2026. Building on the momentum of our first year, we look forward to engaging an even wider community in support of compassionate care.



# Dancing for a Cause

Community Comes Together in Support of Pallium India through School of Indian Dance in the bay area! On Saturday, December 20, 2025, the School of Indian Dance organized a fundraiser called "Dancing for a Cause" at Aria University, Milpitas, California, to support the compassionate work of palliative care by Pallium India. The event was a perfect blend of art and service, community in spirit, and a beautiful example of how dance as an art form can become a powerful medium for social impact.

The event saw the active participation of approximately 70 students, who came together and performed for a cause greater than themselves. The students showed empathy, and solidarity with patients and their families who benefit from the services of palliative care across India through classical and contemporary Indian dance presentations taught by their Guru, Smt. Rani Sunil.

The occasion was graced by the presence of two chief guests of honor: **Ms. Vidhya Sethuraman, Executive Director of the Federation of India, and Ms. Manju Abraham, President of the Vanitha Charity Organization**, who together deeply inspired the young performers and attendees. In a generous gesture of support, the organization donated \$1,000 toward the Pallium India fundraiser to reinforce their commitment to humanitarian causes.





# Dancing for a Cause

Community involvement was a major success factor for the event. **Kovai Restaurant, a well-established name in the Bay Area, sponsored food at the fundraiser, donating 100% of the day's sales directly to Pallium India.** The gesture exemplified how local businesses can make very worthy contributions toward global causes.

Contributing to the collective effort, the youth volunteers of School of Indian Dance organized a bake sale and a book sale on the occasion. Every dollar collected through these activities went entirely to palliative care in reflection of the passion and leadership of young children.



"Dance for a Cause" was something more than a fundraiser; it was a celebration of compassion, collaboration, and cultural expression. It raised funds, but at the same time spread awareness of the importance of palliative care and of the transformative work that Pallium India continuously does across underserved communities. In short, the event "Dancing for a cause" marked yet another chapter in the school of Indian Dance's longstanding tradition of supporting Pallium India, a cause the school has consistently stood behind over the past several years.





# Foundation day at Pallium India

Pallium India marked 22 years of compassionate service in December 2025. From homes to hospitals, and from communities to policy spaces, this journey has been shaped by patients, families, volunteers, caregivers, professionals, and partners who believe that no one should suffer needlessly.



Guest of honor: Dr K Vasuki IAS

Lamp Lighting





# Foundation day at Pallium India



Guest of honor: Princess Gouri Parvathi Bayi



Long service awards

Best Nurse award



Return gift: made by a beneficiary



# MAKE A DIFFERENCE *Today*

Whether you choose to volunteer your time or make a donation, every action you take helps bring compassionate care to those who need it most. Together, we can create lasting, meaningful change—starting with **YOU**.

❤️ **Ready to donate?** Visit <https://palliumindiausa.org/donate-now/>

No contribution is too small—every gift helps transform lives. Let's build a more compassionate world, together.

👉 **Interested in volunteering?** Email us at [info@palliumindiausa.org](mailto:info@palliumindiausa.org). Let us know your interests or skills—there's a place for everyone to make an impact.



\$100

*Sponsor medicines for patients in home care and IP (In-Patient) for 1 Year*



\$300

*Monthly Food Kit for 12 months for home care patient*



\$500

*Sponsor a Home Visit from doctors and nurses for 10 months*



\$750

*Education support for 10 children for 1 year whose parents cannot work*



\$1,000

*Physical Therapy for one year OR Salary for a Regional Facilitator*



# Annadaanam – Meals Full of Love!

We believe that food is more than nourishment—it is love, comfort, and care shared from one heart to another. Through our Annadaanam program, you can celebrate a birthday, an anniversary, or honor the memory of a loved one by dedicating a meal to those in our care.

You can choose to sponsor:

Full Day's Meal – \$90

Lunch (Sadhya) – \$56

Lunch (Biryani) – \$68

Breakfast with snacks – \$28

Dinner – \$23

To sponsor a meal, simply scan the QR code or write to us at [info@palliumindiausa.org](mailto:info@palliumindiausa.org).

Every contribution, big or small, makes a difference. Together, let's celebrate, remember, and share love—one meal at a time.

PALLIUM INDIA  
USA

## ANNADAANAM MEALS FULL OF LOVE!

Celebrate, Remember, Share



Celebrate your birthday, anniversary or honour the memory of a loved one  
Dedicate a Meal full of Love for 40 beneficiaries (20 inpatients and 20 care givers) at Pallium India!

Choose what you would like to sponsor:

Full Day's Meal: \$90		*
Sadhya Special Lunch: \$56	Breakfast with snacks: \$28	
Biryani: \$68	Dinner: \$23	



Scan QR to sponsor a meal today

For details/to mention about your loved one, or if you wish to schedule the meals on a particular day, write to us at [info@palliumindiausa.org](mailto:info@palliumindiausa.org)

Each meal you sponsor reaches 40 beneficiaries—20 inpatients and 20 caregivers—at Pallium India, filling their day with warmth and compassion.