



PALLIUM INDIA

USA

NEWSLETTER

April 2026

Vol.13

Welcome to Pallium India USA Newsletter for April 2026!

CONTENTS

**Celebrating One Year of Stories,
Service and Solidarity**

**A Heartfelt Thank You – Together,
We Made a Difference**

Karina Grace - The Change Maker

**Listening, Learning and
Collaborating for Greater Impact**

**Pallium India Bay Area Walkathon
2026: A Meaningful Step Forward**

Make a Difference

Annadaanam – Meals Full of Love!

CELEBRATING ONE YEAR OF STORIES, SERVICE AND SOLIDARITY



In April 2025, we began a humble journey—launching the very first edition of the Pallium India USA newsletter with the hope of connecting hearts across continents. One year later, we are delighted to celebrate 12 editions of stories, updates and shared purpose, all brought together on our Pallium India USA Newsletter page.

Over the past year, each issue has reflected the spirit of compassionate care—highlighting volunteer efforts, awareness campaigns, educational initiatives, and the tireless work being done to reduce suffering and improve quality of life.

Behind every edition lies a powerful mission: to support the work of Pallium India in addressing serious health-related suffering and ensuring access to palliative care for those who need it most. This mission continues to guide us, reminding us that even small acts of kindness can create meaningful change.

As we step into our second year, we do so with gratitude—for our readers, volunteers, donors, and partners who have journeyed with us so far. The newsletter is not just a publication; it is a bridge that connects people, stories, and a shared commitment to dignity in care.

Thank you for being part of this journey. Here's to many more stories of hope, compassion, and impact.

A HEARTFELT THANK YOU – TOGETHER, WE MADE A DIFFERENCE

India Giving Day 2026 was truly a remarkable milestone for Pallium India USA. Thanks to the incredible generosity of our community, we **raised \$50,333 from 356 donors**, supported by the passion and dedication of 27 volunteer fundraisers.

To each and every one of you—thank you. Your kindness and commitment made this achievement possible.

Among 52 participating organizations across the United States, Pallium India USA proudly secured first place in both the “most number of donors” and “most number of volunteer fundraisers” categories. These recognitions reflect not just numbers, but the strength of a community that deeply cares.

We are especially proud of our young changemaker, 11th grader Karina Grace, whose inspiring efforts earned her second place for the “most number of donors” in the volunteer fundraiser category. Her achievement is a beautiful reminder that compassion knows no age. None of this would have been possible without your unwavering support.

We also extend our sincere gratitude to the India Philanthropy Alliance for providing this meaningful platform through India Giving Day, bringing together communities united by a shared purpose.

As we celebrate this success, we remain humbled and grateful. Thank you for walking alongside us in our mission to relieve health-related suffering in India. Your support brings comfort, dignity, and hope to those who need it most.



KARINA GRACE – THE CHANGE MAKER



India Giving Day
Powered by India Philanthropy Alliance



Thank you!

“For going beyond the board
and pledging your support”



Karina Grace
Sishya School, Chennai



palliumindiausa.org

palliumindia.org

Going beyond academics and truly embodying the spirit of compassionate leadership, Karina Grace, an 11th grader, is setting a remarkable example for her peers. Through her initiative Checkmate for Palliative Care, under her platform Beyond Grades, she has shown how young minds can lead with purpose and make a meaningful difference in the lives of others.

The online chess tournament concluded successfully on March 8, bringing together a global community united by compassion. Hosted on Lichess.org, the one-hour event saw close to 60 registrations from across the United States, South Africa, Saudi Arabia, Ethiopia, India, and beyond. A total of 38 players competed actively, playing 140 games with an impressive 7,942 moves and an average rating of 1280.

KARINA GRACE – THE CHANGE MAKER

lichess.org PLAY PUZZLES LEARN WATCH COMMUNITY TOOLS DONATE REGISTER Sign in

5+0 • Blitz • 1h
Rated • Arena

Checkmate for Palliative Care - India Giving Day
Global online Chess Tournament

by BeyondGrades
Mar 8, 2026, 8:30 PM

Chat room

AchyuthRam26 hhhhh

Dinowweek Pls don't resign

AchyuthRam26 brooooooooooooooooooooo

dinyprasathini I lost

BeyondGrades One small action you can take right now:
Support Karina and Pallium India through India Giving
Day 2026. Even a \$5 donation counts as donor

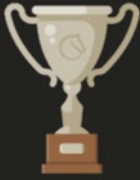


BeyondGrades Donate here (Karina's personal
fundraising page):
<https://www.indiagivingday.org/p2p/629362/karina-grace>

dinyprasathini about to win less go

Dinowweek Ggs

BeyondGrades To know more about India Giving Day,
Visit: indiagivingday.org

IndiaGivingDay Checkmate Chess Arena

 ayhamsyed1 Performance 1807 Games played 11 Win rate 64% Berserk rate 91%	 Dinowweek Performance 1973 Games played 18 Win rate 100% Berserk rate 100%	 pranavshane Performance 1632 Games played 10 Win rate 60% Berserk rate 20%
---	--	---

Tournament complete

Average rating	1280
Games played	140
Moves played	7,952
White wins	49%
Black wins	46%
Draw rate	5%
Berserk rate	12%

Download all games
Download results as NDJSON
Download results as CSV
Arena API documentation

1-10 / 38 SIGN IN

1 Dinowweek 2249 335555555555545545 84

2 ayhamsyed1 1986 3303030303 21

Adding to the excitement, last year's champion, Revlin Ram, a 9th grader from Tamil Nadu, successfully defended his title, finishing first with a remarkable 100% win rate. Ahyam Syed secured the runner-up position with a strong 64% win rate, while Pranav Shankar claimed third place with a 60% win rate.

What made the event truly special was its inclusivity. With no age restrictions, participants ranged from 14 to over 60 years old—transcending generations and geographic boundaries to come together for a shared purpose: supporting compassionate palliative care. Checkmate for Palliative Care stands as a powerful reminder that leadership is not defined by age, but by initiative and empathy. Karina's vision and dedication have transformed a simple chess tournament into a global movement for good.

LISTENING, LEARNING AND COLLABORATING FOR GREATER IMPACT

Following its success at India Giving Day, Pallium India was invited to participate in a listening session hosted by the India Philanthropy Alliance—bringing together nonprofits to strengthen collective impact for India. Dr. Shanmugapriya P represented Pallium India in this important conversation.

The session offered a valuable space to share experiences and reflect on more collaborative approaches to fundraising. A key takeaway was clear: meaningful change requires collective effort, strong community engagement, and authentic storytelling.

For Pallium India, the discussion reaffirmed the importance of keeping compassion at the heart of healthcare, ensuring dignity and relief from suffering remain central to development efforts.

This opportunity marks another step in Pallium India's journey of learning and collaboration—working alongside others to build a more compassionate and equitable India.

Read more at: <https://www.indiaphilanthropyalliance.org/blog/insights-from-a-listening-session>



PALLIUM INDIA BAY AREA WALKATHON 2026: A MEANINGFUL STEP FORWARD



The Pallium India Bay Area Walkathon 2026 brought our community together once again in support of compassionate palliative care. Co-organized with VANITHA, this second annual walkathon built on last year's momentum, uniting individuals and families who believe in care with dignity. Around 70–75 participants joined us, including walkers, supporters, and organizers. The event reflected not just participation, but genuine commitment.

Like many community events, we saw a mix of registrations and walk-ins—some who couldn't make it despite signing up, and others who showed up simply to support the cause. In the end, what stood out most was not the numbers, but the spirit. Every person present was there because they cared deeply about making a difference.

We are deeply grateful to our sponsors—RFC (Relief From Cancer) and Cascade California Realty / Manoj Thomas—and to our community partners, including MANCA, Festival of Globe (FOG), MoHAM, NSS CA, and the Hayward Silicon Valley Lions Club. Their support and collaboration made this event possible.

Events like this go beyond fundraising. They raise awareness about the importance of palliative care and help strengthen efforts in training, outreach, and home-based care for patients and families facing serious illness.

To everyone who joined us, supported us, or cheered us on—thank you. Your presence made this event special.

Together, we continue to walk with purpose and compassion—one step at a time.



**UPCOMING
EVENTS**

PALLIUM INDIA
SEATTLE

WALKATHON 2026

JUNE 14, 2026

MARYMOOR PARK,

6046 WEST LAKE SAMMAMISH PARKWAY NEREDMOND, WA

More details in the next newsletter

MAKE A DIFFERENCE Today

Whether you choose to volunteer your time or make a donation, every action you take helps bring compassionate care to those who need it most. Together, we can create lasting, meaningful change—starting with **YOU**.

Ready to donate? Visit <https://palliumindiausa.org/donate-now/>

No contribution is too small—every gift helps transform lives.

Your donation is tax-deductible in the U.S. under Section 501(c)(3).



\$100

Sponsor medicines for patients in home care and IP (In-Patient) for 1 Year



\$300

Monthly Food Kit for 12 months for home care patient



\$500

Sponsor a Home Visit from doctors and nurses for 10 months



\$750

Education support for 10 children for 1 year whose parents cannot work



\$1,000

Physical Therapy for one year OR Salary for a Regional Facilitator

Interested in volunteering? Email us at info@palliumindiausa.org. Let us know your interests or skills—there's a place for everyone to make an impact.

ANNADAANAM MEALS FULL OF LOVE!

Celebrate, Remember, Share



Celebrate your birthday, anniversary or honour the memory of a loved one
Dedicate a Meal full of Love for 40 beneficiaries (20 inpatients and
20 care givers) at Pallium India!

Choose what you would like to sponsor:

Full Day's Meal: \$90 *	
Sadhya Special Lunch: \$56	Breakfast with snacks: \$28
Biryani: \$68	Dinner: \$23



Scan QR to sponsor a meal today

For details/to mention about your loved one, or if you wish to
schedule the meals on a particular day, write to us at
info@palliumindiausa.org

**Every contribution, big or small, makes a difference. Together, let's celebrate, remember,
and share love—one meal at a time.**

**Each meal you sponsor reaches 40 beneficiaries—20 inpatients and 20
caregivers—at Pallium India, filling their day with warmth and compassion.**