



PALLIUM INDIA

USA

NEWSLETTER

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Welcome to Pallium India USA Newsletter for May 2026!

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The Kuttikootam Summer Camp 2026, held from April 23 to 25, brought together 29 children from Pallium India families for three meaningful days filled with learning, connection, and joy.

For many of these young participants, this was their very first camp — a new and exciting experience that created lasting memories. From the very first day, the atmosphere was lively, with ice-breaking sessions, interactive talks, games, and mentor–mentee conversations helping the children feel at ease and connected.

A highlight of the camp was the outdoor trip to Poovar on the second day. With a boat ride, games, shared meals, and a movie, the outing gave the children a chance to relax, explore, and simply enjoy being together. Much like last year's memorable visit to Happyland, moments like these continue to turn long-held wishes into reality for the children.

The camp also focused on personal growth, with sessions on life skills, mental well-being, and career awareness, along with activities such as yoga, quizzes, and a vibrant talent show where the children showcased their creativity and confidence.

More than just a camp, Kuttikootam 2026 was a space where children found friendship, confidence, and the freedom to dream. Their laughter and enthusiasm were a powerful reminder of why such initiatives matter — creating not just moments of happiness, but pathways to hope.

KUTTIKOOTTAM 2026



During the academic year from June 2025 to March 2026, Pallium India supported the education of 220 students, including 24 pursuing professional courses. This important initiative is supported by Pallium India USA through two generous endowment funds: the **K. S. Nair and Jesse R. Glover Scholarship Fund**, instituted by Ms. Barbara Nelson and Mr. Reji Kumar, and the **Raghava Iyer and Ramachandran Endowment Fund**, instituted by Ms. Brinda Kasi Visweswaran and Mr. Ganesan Venkatasubramanian.

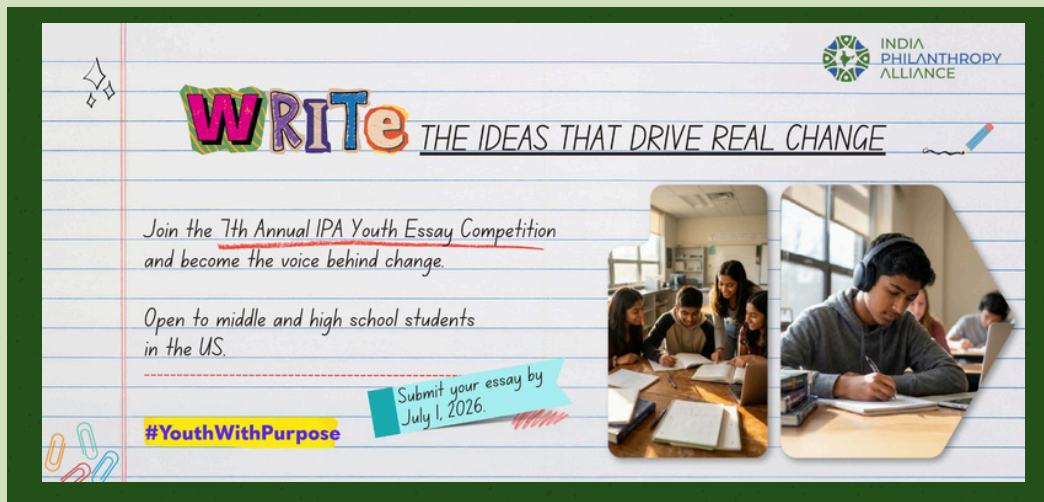
KUTTIKOOTTAM 2026



KUTTIKOOTTAM 2026



YOUNG VOICES, BIG IMPACT: IPA'S 2026 YOUTH ESSAY COMPETITION



The India Philanthropy Alliance has launched its 2026 Youth Essay Competition, inviting students to reflect on India's most pressing challenges and share bold, actionable ideas for change.

Who can participate?

The competition is open to middle and high school students (typically Grades 6–12), including those in India and the global Indian diaspora.

What's the focus?

Students are encouraged to explore critical issues such as healthcare, education, inequality, and the environment—and go a step further by proposing practical solutions that individuals and communities can act on.

Why participate?

Beyond recognition, selected winners may get the opportunity to present their ideas at a major philanthropy forum and direct grant funding to a nonprofit of their choice—turning thoughtful essays into real-world impact.

When is the deadline?

Submissions are due by July 1, 2026, so students are encouraged to start early and review the guidelines in advance.

More than just a writing contest, this initiative is a platform for youth leadership—reminding us that meaningful change often begins with a single idea, thoughtfully expressed.

For more details: <https://www.indiaphilanthropyalliance.org/2026-youth-essay>

UPCOMING EVENT – BAY AREA



We're excited to share that Pallium India USA is a co-host of Kerala Fest Bay Area this year, a vibrant celebration of Kerala's rich culture, food, music, dance, and community spirit.

Kerala Fest brings together more than 22+ Malayali organizations across the Bay Area for a full day of cultural performances, authentic Kerala cuisine, shopping, competitions, and family-friendly activities. As part of this collaboration, the Pallium India Bay Area team will be hosting a booth at the event, where we'll engage with attendees and share our mission of compassionate palliative care.

When: May 16th, Saturday @ ICC Milpitas

This event offers a wonderful opportunity to celebrate heritage while also raising awareness about the urgent need for palliative care in India. We warmly invite our friends, families, volunteers, and supporters to join us at Kerala Fest, enjoy the festivities, and stop by the Pallium India booth to connect with our team.

We look forward to seeing you there and sharing this meaningful community experience together.

For more details: <https://keralafest.com/>

UPCOMING EVENT – SEATTLE

PALLIUM INDIA
SEATTLE

WALKATHON 2026

WALKING TOGETHER FOR A PAIN FREE INDIA

Did you know that only 4% Indians have access to palliative care?


Scan to Register

DISTANCE: 3K, 5K, 10K
DATE: JUNE 14, 2026
TIME: 9.00AM – 1.00PM

JERRY BAKER MEMORIAL VELODROME, MARYMOOR PARK, REDMOND


FAQ

You're warmly invited to join Pallium India Seattle chapter annual Walkathon 2026—let's come together and take meaningful steps toward a pain-free India.

Date: June 14, 2026 9:00 AM – 1:00 PM

Venue: Jerry Baker Memorial Velodrome, Marymoor Park, Redmond

Registration Link: <https://tinyurl.com/SeattleWalkathon2026>

Whether you walk 3K, 5K, or 10K, your presence helps raise awareness for palliative care and brings comfort and dignity closer to those who need it most.

MAKE A DIFFERENCE Today

Whether you choose to volunteer your time or make a donation, every action you take helps bring compassionate care to those who need it most. Together, we can create lasting, meaningful change—starting with **YOU**.

Ready to donate? Visit <https://palliumindiausa.org/donate-now/>

No contribution is too small—every gift helps transform lives.

Your donation is tax-deductible in the U.S. under Section 501(c)(3).



\$100

Sponsor medicines for patients in home care and IP (In-Patient) for 1 Year



\$300

Monthly Food Kit for 12 months for home care patient



\$500

Sponsor a Home Visit from doctors and nurses for 10 months



\$750

Education support for 10 children for 1 year whose parents cannot work



\$1,000

Physical Therapy for one year OR Salary for a Regional Facilitator

👉 Interested in volunteering? Email us at info@palliumindiausa.org.

Let us know your interests or skills—there's a place for everyone to make an impact.

ANNADAANAM MEALS FULL OF LOVE!

Celebrate, Remember, Share



Celebrate your birthday, anniversary or honour the memory of a loved one
Dedicate a Meal full of Love for 40 beneficiaries (20 inpatients and
20 care givers) at Pallium India!

Choose what you would like to sponsor:

Full Day's Meal: \$90 *	
Sadhya Special Lunch: \$56	Breakfast with snacks: \$28
Dinner: \$23	



Scan QR to sponsor a meal today

For details/to mention about your loved one, or if you wish to
schedule the meals on a particular day, write to us at
info@palliumindiausa.org

**Every contribution, big or small, makes a difference. Together, let's celebrate, remember,
and share love—one meal at a time.**

**Each meal you sponsor reaches 40 beneficiaries—20 inpatients and 20
caregivers—at Pallium India, filling their day with warmth and compassion.**