



PALLIUM INDIA
USA

NEWSLETTER

June 2026

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Welcome to Pallium India USA Newsletter for June 2026!

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NURSES DAY CELEBRATIONS



As the world observed International Nurses Day on May 12, 2026, under the global theme “**Our Nurses. Our Future. Empowered Nurses Save Lives,**” Pallium India marked the occasion on May 13 by celebrating and honouring the nurses who continue to hold together some of the most fragile moments in people’s lives.

This year, Pallium India observed Nurses Day through the theme “**Nurses, In Every Role They Hold,**” choosing to look beyond the uniform and recognise the many unseen dimensions of nursing reflecting on the invisible labour, emotional endurance, compassion, and quiet strength that define nursing — especially in palliative care. In palliative care, nurses are far more than caregivers. They are listeners, companions, advocates, coordinators, and a constant source of comfort to patients and families navigating serious illness and loss. Their work extends far beyond clinical care into deeply human spaces of empathy, dignity, and presence.

Our celebration was a small expression of gratitude for the immense contribution our nurses make every day. Along with moments of appreciation and togetherness, the nursing team also enjoyed a cheerful afternoon out — sharing laughter, conversations, and a well-deserved pause from their demanding routines. We thank our nurses for their dedication, resilience, kindness, and humanity that continue to inspire us every day.

Read more at: <https://palliumindia.org/2026/05/beyond-the-uniform>

NURSES DAY CELEBRATIONS



One of the most moving reflections in this month's newsletter comes from Reshma, one of our nurses, who writes about the emotional realities of working in palliative care — balancing professional responsibilities while carrying the weight of loss, grief, and human connection.

As she writes, *"We often move from one responsibility to another, carrying memories of patients quietly within us."* Her reflection reminds us that nursing is not only about clinical care, but also about presence, compassion, and the courage to continue caring even in moments of personal sorrow.

"Between Farewells and Responsibilities" beautifully echoes this year's Nurses Day theme at Pallium India — "Nurses, In Every Role They Hold" — by offering a glimpse into the emotional world that exists beyond the visible work of nursing.

Read more: <https://palliumindia.org/2026/05/between-farewells-and-responsibilities>

NURSES DAY CELEBRATIONS



NURSES DAY CELEBRATIONS



KIDS CARNIVAL AT TRIVANDRUM

Pallium India was delighted to be part of the Aarppo Kids Carnival in Trivandrum, where we conducted an engaging activity on empathy for children. Through simple interactions and conversations, the session encouraged children to understand kindness, compassion, and the importance of caring for others.

We also set up a stall featuring beautiful crochet creations made by Shanu, one of our care seekers and a wheelchair user. Despite being confined to bed, Shanu lovingly creates these handmade items with remarkable skill and determination. The stall not only showcased her talent but also inspired many visitors with her resilience and creativity.



KERALA FEST



On Saturday, May 16, 2026, the Pallium India USA Bay Area team proudly co-organized Kerala Fest 2026 at the India Community Center in Milpitas, CA. Alongside 25 local Malayali organizations, we welcomed over a thousand community members for a vibrant day celebrated by dignitaries including Consul General Dr. K. Srikar Reddy, Fremont Mayor Raj Salwan, Assembly Member Alex Lee and other local community leaders.

The festival grounds were a beautiful feast of flavors and festivities, featuring authentic food stalls, traditional Chenda Melam drumming, and a mega Thiruvathira dance.



KERALA FEST



Advocacy & Action at Our Booth

Amidst the celebration, our incredible volunteers - Adrena Jerrin, Meera Prasad, Subhiksha Shri, Mitra Pramod, Bhadra Pramod and Abhilash - engaged with hundreds of attendees to share our mission of universal access to palliative care. They answered questions, debunked myths about palliative care, and explained how Pallium India provides a lifeline of pain relief and dignity to patients back home.

We also hosted two highly successful grassroots fundraisers at our table:

- **Used Book Sale:** Sold over 60 books with 100% of the proceeds going directly to support Pallium India's medical and rehabilitation efforts.
- **Handmade Hope:** The true superstar of our booth was 11-year-old Adrena, who beautifully channeled her creativity by crafting and selling handmade bracelets and anklets to benefit our patients. Thank you, Adrena, for proving you are never too young to make a massive difference!

Thanks to the dedication of Adrena, Meera, Subhiksha, Mitra, Bhadra and Abhilash - and the incredible warmth of the Bay Area diaspora - this event was a major milestone for our outreach. Together, we are ensuring no one faces serious illness alone.

UPCOMING EVENT – SEATTLE WALKATHON



WALKATHON 2026

WALKING TOGETHER FOR A PAIN FREE INDIA

Did you know that only 4% Indians have access to palliative care?

DISTANCE: 3K, 5K, 10K
DATE: JUNE 14, 2026
TIME: 9.00AM – 1.00PM

**JERRY BAKER MEMORIAL VELODROME,
MARYMOOR PARK,
REDMOND**



Scan to Register

Pallium India Seattle is gearing up for its 4th annual walkathon on Saturday, June 14, at Marymoor Park in Redmond, WA.

Since launching in 2023, the Seattle chapter has hosted the walkathon every year, bringing together an average of 200 community members to walk in support of palliative care for patients in India.

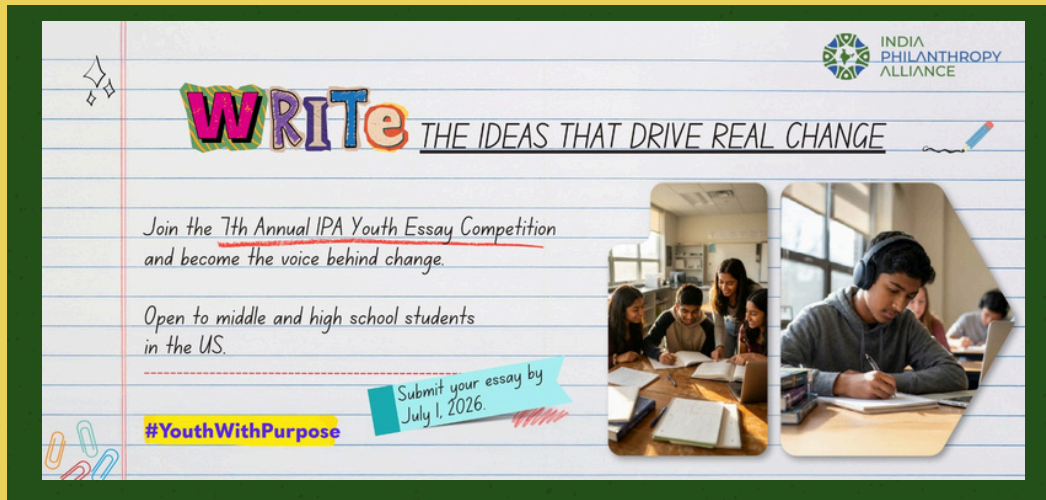
Join us for a morning of community, compassion, and steps that make a difference.

June 14, 2025 | Marymoor Park, Redmond, WA | Free to attend

Registration: <https://tinyurl.com/SeattleWalkathon2026>

UPCOMING EVENT –

YOUTH ESSAY COMPETITION



The India Philanthropy Alliance has launched its 2026 Youth Essay Competition, inviting students to reflect on India's most pressing challenges and share bold, actionable ideas for change.

Who can participate?

The competition is open to middle and high school students (typically Grades 6–12), including those in India and the global Indian diaspora.

What's the focus?

Students are encouraged to explore critical issues such as healthcare, education, inequality, and the environment—and go a step further by proposing practical solutions that individuals and communities can act on.

Why participate?

Beyond recognition, selected winners may get the opportunity to present their ideas at a major philanthropy forum and direct grant funding to a nonprofit of their choice—turning thoughtful essays into real-world impact.

When is the deadline?

Submissions are due by July 1, 2026, so students are encouraged to start early and review the guidelines in advance.

More than just a writing contest, this initiative is a platform for youth leadership—reminding us that meaningful change often begins with a single idea, thoughtfully expressed.

For more details: <https://www.indiaphilanthropyalliance.org/2026-youth-essay>

MAKE A DIFFERENCE *Today*

Whether you choose to volunteer your time or make a donation, every action you take helps bring compassionate care to those who need it most. Together, we can create lasting, meaningful change—starting with **YOU**.

Ready to donate? Visit <https://palliumindiausa.org/donate-now/>



No contribution is too small—every gift helps transform lives.

Your donation is tax-deductible in the U.S. under Section 501(c)(3).



\$100

Sponsor medicines for patients in home care and IP (In-Patient) for 1 Year



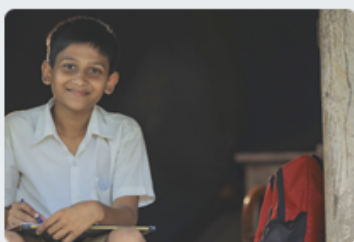
\$300

Monthly Food Kit for 12 months for home care patient



\$500

Sponsor a Home Visit from doctors and nurses for 10 months



\$750

Education support for 10 children for 1 year whose parents cannot work



\$1,000

Physical Therapy for one year OR Salary for a Regional Facilitator

👉 Interested in volunteering? Email us at info@palliumindiausa.org.

Let us know your interests or skills—there's a place for everyone to make an impact.

ANNADAANAM MEALS FULL OF LOVE!

Celebrate, Remember, Share



Celebrate your birthday, anniversary or honour the memory of a loved one
Dedicate a Meal full of Love for 40 beneficiaries (20 inpatients and
20 care givers) at Pallium India!

Choose what you would like to sponsor:

Full Day's Meal: \$90 *	
Sadhya Special Lunch: \$56	Breakfast with snacks: \$28
Dinner: \$23	



Scan QR to sponsor a meal today

For details/to mention about your loved one, or if you wish to
schedule the meals on a particular day, write to us at
info@palliumindiausa.org

**Every contribution, big or small, makes a difference. Together, let's celebrate, remember,
and share love—one meal at a time.**

**Each meal you sponsor reaches 40 beneficiaries—20 inpatients and 20
caregivers—at Pallium India, filling their day with warmth and compassion.**